## **NUTRITION & ALLERGEN INFORMATION - USA**



Xpress Burgers is committed to prioritizing the health and safety of our customers, especially those with food allergies. We diligently endeavor to identify and flag ingredients that could potentially trigger allergic reactions. Our team undergoes thorough training to understand the critical nature of food allergies and to minimize the risk of cross-contamination as much as possible. Despite our stringent efforts, it must be noted that there remains an inherent risk of exposure to allergens. This could be due to changes in food formulations by our suppliers, which may occur without prior notification, or through incidental cross-contamination, an inevitable occurrence given the nature of food preparation in a bustling kitchen environment. We advise our customers with food allergies to exercise caution and consider these risks when visiting any Xpress Burgers location. Please note, Xpress Burgers and its franchisees cannot be held liable for any adverse reactions that may occur from consuming our products or from contact with substances at our establishments.

Nutritional information provided on this site is based on representative values provided by suppliers, published resources, analysis using industry standard software and testing conducted in accredited laboratories. Information is expressed in values based on federal rounding and other applicable regulations. Xpress Burgers cannot guarantee the nutritional information provided on this site is fully accurate as it relates to the prepared menu items in all of our restaurants. Our menu items are made to order by hand. This may cause slight variations in serving sizes which may affect the nutrition values for each product.

Recommended limits for a 2,000 calorie daily diet are 20 grams of saturated fat and 2,300 milligrams of sodium.

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	Serving Size (	Calories	Calories from	Total Fat (m)	Saturated E.	Trans Fat (n)	Cholesterol (m.)	Sodium (m.s.)	Carbs (a)	Fiber (g)	Sugars (g)	Protein (g)	Grustaceans Shelifish	Eggs	Fish	Gluten / With	Milk	Peanuts	Sesame	Soyheans	Tree Nuts
MEAT																					
Bacon (2 pieces)	25	100	81	9	3	0	15	320	0	0	0	6									
Shawarma	145	490	330	36	16	0	114	1130	17	0	0	23				•				•	
Cheesesteak	170	200	90	10	4	0	55	550	5	0	1	21									
Chicken Tenders	276	560	220	24	4	0	90	1980	48	2	0	36				•					
Chicken Nuggets	200	450	270	30	6	0	67	1034	22	0	0	24				•					
Chicken Hotwings	170	300	140	16	4	0	110	860	14	0	0	26				•				•	
Chicken Sandwich	170	280	70	7	1	0	70	1200	26	0	1	28				•	•				
Ground Beef Patty	170	427	303	34	13	2	119	113	0	0	0	29									
BUN																					
Sour Dough Bun	100	311	36	4	1	0	0	591	55	4	7	10				•					
Hoagie Sourdough Roll	78	210	27	3	1	0	0	350	38	1	2	7				•					
Shawarma Naan	76	160	9	1	0	0	0	187	31	5	1	8				•					
FRIES COOKED IN CAI	NOLA	OIL											(Proces	sed in	a Fac	ility tl	hat als	o proc	esses:	Egg, I	Milk)
Xpress Fries	232	540	204	28	4	0	0	862	75	8	2	8				•					
TOPPINGS																					
Mayonnaise	19	70	50	6	3.5	0	20	310	<1	0	<1	4		•							
Mustard	14	111	100	11	1.5	0	10	70	0	0	0	0									
Ketchup	5	0	0	0	0	0	0	55	0	0	0	0									
Genius Sauce	28	140	117	13	2	0	10	170	6	0	6	1		•			•				
Cheese (2 slice)	38	140	108	12	7	0	40	680	2	5	1	6					•			•	
Lettuce	30	3	0	0	0	0	0	3	1	<1	<1	0									
Tomatoes	52	8	0	0	0	0	0	3	2	<1	1	<1									
Pickles	26	11	0	0	0	0	0	1	2	<1	1	0									
Onions / Grilled Onions	28	4	0	0	0	0	0	260	1	0	0	0									
Jalapeño Peppers	11	3	0	0	0	0	0	0	<1	0	0	0									
Sliced White Mushrooms	21	6	0	0	0	0	0	50	1	0	1	0									
OTHER ITEMS			,			,															
Butter	15	100	11	99	7	0	0	30	0	0	0	0					•				
Canola Oil	15	130	126	14	1	0	0	0	0	0	0	0									
Genius Sauce	28	140	117	13	2	0	10	170	6	0	6	1		•			•				
Cheese Sticks	170	420	144	16	10	0	60	1800	44	0	0	0				•	•				
Jalepenos Poppers	202	420	180	20	12	0	60	1620	50	2	4	4				•	•				
Xpress Seasoning		0	0	0	0	0	0	310	0	0	0	0									



BALAT	
MEAT	
Bacon	Cured with water, salt, sugar, sodium phosphate, sodium erythorbate, sodium nitrite, Applewood smoked.
Shawarma	Beef, Water, Breadcrumbs Wheat Flour, Dextrose, Salt, Yeast, Lamb, Soy Protein Concentrate, Contains Less Than 2% Of Onions, Salt, Seasoning Spices, Garlic Powder, Onion Powder, Soybean Oil And Artificial Flavors Added. Contains: Soy, Wheat.
Cheesesteak	Beef, Water, Seasoning (Corn Starch, Dextrose, Salt, Hydrolyzed Corn Protein), Potassium Lactate, Sodium Phosphate, Yeast Extract, Natural Flavor, Sodium Ascorbate.
Chicken Tenders	Chicken tenderloins with water, modified food starch, salt, sodium phosphates; battered and breaded with wheat flour, modified corn starch, yellow corn flour, salt, dehydrated veggies, garlic powder, spices, Natural & Artificial Flavors. <b>Contains: Wheat</b>
Chicken Nuggets	Boneless, Skinless Chicken Breast With Rib Meat, Water, Seasoning, Garlic Powder, Salt. Battered With: Water, Yellow Corn Flour, Bleached Wheat Flour, Modified Corn Starch, Salt, Spices, Wheat Starch, Onion Powder, Extractives Of Turmeric, Spice Extractive. Breading Set In Vegetable Oil And Artificial Flavors Added. <b>Contains: Wheat</b>
Chicken Hotwings	Chicken Wing Sections, Water, Seasoning. Battered And Breaded With: Wheat Flour, Water, Salt, Soy Flour, Modified Corn Starch, Spices, Paprika, Soybean Oil, Onion Powder, Garlic Powder, Natural And Artificial Flavors Added. <b>Contains: Soy, Wheat.</b>
Chicken Sandwich	Chicken Breast Fillet With Rib Meat, Water, Seasoning. Breaded With: Bleached Wheat Flour, Sugar, Salt. Battered And Predusted With: Water, Wheat Flour, Sugar, Wheat Gluten, Salt, Contains 2% Or Less Of Vinegar, Spice, Yeast Extract, Nonfat Dry Milk, Citric Acid. Breading Set With Soybean Oil. Natural And Artificial Flavors Added. <b>Contains: Milk, Wheat.</b>
Ground Beef Patty	100% Angus Ground Beef Chuck.
BUN	
Sour Dough Bun	White Flour ( Bleached Enriched Wheat Flour, Malted Barley Flour), Water, Sugar, Soybean Oil, Salt, Leavening. Artificial Flavors Added. <b>Contains: Wheat</b>
Hoagie Sourdough Roll	Unbleached Enriched Wheat Flour, Malted Barley Flour, Water, Yeast, Salt, Wheat Gluten, Fully Refined Soybean Oil, Granulated Sugar. Natural And Artificial Flavors Added. <b>Contains: Wheat</b>
Shawarma Naan	Enriched Unbleached Wheat Flour, Malted Barley Flour, Filtered Water, Canola Oil, Sea Salt, Cultured Wheat, Oat Fiber, Sugar, Baking Powder, Yeast. Artificial Flavors Added. <b>Contains: Wheat</b>
FRIES	
Xpress Fries	Potatoes, Enriched Wheat Flour, Corn Starch, Sea Salt, Tapioca Dextrin, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Vegetable Oil (Contains One Or More Of The Following Oils: Canola, Soybean, Cottonseed, Sunflower, Corn), Contains 2% Or Less Of Salt, Sodium Acid Pyrophosphate (Added To Maintain Color). Contains: Wheat (Processed in a Facility that also processes: Eggs, Milk)
TOPPINGS	
Mayonnaise	Soybean Oil, Water, Vinegar, Eggs, Contains Less Than 2% Of Sugar, Salt, Egg Yolks, Natural Flavor (Contains Mustard), Lemon Juice Concentrate, Dried Garlic, Dried Onion, Paprika. <b>Contains: Eggs</b>
Mustard	Ingredients: Distilled Vinegar, Water, 1 Grade Mustard Seed, Salt, Turmeric, Paprika, Spice, Natural Flavor Garlic Powder.
Ketchup	Tomato Concentrate, High Fructose Corn Syrup, Distilled Vinegar, Corn Syrup, Salt, Less Than 2% Of: Spices, Onion Powder, Garlic Powder, Natural Flavors
Genius Sauce	Cream Cheese, Buttermilk, Distilled Vinegar, Cayenne pepper, paprika, dry mustard, garlic, Natural and Artificial Flavors added.  Contains: Milk, Eggs.
Cheese (2 slice)	Milk, Cream, Water, Sodium Citrate, Salt, Cheese Culture, Sorbic Acid (Preservative), Citric Acid, Enzymes, Soy Lecithin, Color Added. Contains: Milk, Soy.
Lettuce	Iceberg Lettuce
Tomatoes	Fresh Tomatoes
Pickles	Fresh Cucumbers, Water, Sugar, Vinegar, Salt, Calcium Chloride, Sodium Benzoate (Preservative), Onion, Spices, Yellow 5, Polysorbate 80.
Onions / Grilled Onions	Whole Fresh Red Onions
Jalapeño Peppers / Grilled	Sliced jalapeno peppers, water, vinegar, salt and calcium chloride
Sliced White Mushrooms	Fresh White Mushrooms
OTHER ITEMS	
Butter	Pasteurized Cream (Milk), Natural Flavorings. Contains: Milk
Canola Oil	Canola Oil with TBHQ to help Promote flavor. Dimethylpolysiloxane, an antifoaming agent, added.
Genius Sauce	Mayo, Cream Cheese, Buttermilk, Distilled Vinegar, Cayenne pepper, paprika, dry mustard, garlic, Natural and Artificial Flavors added. Contains: Milk, Eggs.
Cheese Sticks	Mozzarella Cheese, Enriched Bleached Wheat, Water. Contains Less Than 2% Of: Romano and Parmesan Cheeses, Dried Garlic, Dried Onion, Dried Parsley, Spices, Yellow Corn Flour, Sugar, Natural Flavor, Dried Yeast, Soybean Oil, Salt. Contains: Milk, Wheat.
Jalepenos Poppers	Cream Cheese (Pasteurized Milk and Cream, Cheese Culture, Salt, Locust Bean Gum), Green Jalapeno Peppers, Water, Enriched Wheat Flour, Bleached Enriched Wheat, Dehydrated Potatoes, Modified Corn Starch. Contains 2% or less of Cellulose Gum, Dextrose, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Salt, Sugar, Turmeric Oleoresin (color), Whey, Yeast, Yellow 5, Yellow 6, Yellow Corn Flour. Artificial Flavors added.  Contains: Milk, Wheat.
Xpress Seasoning	Salt, Red Pepper, Black Pepper and Garlic.



	Serving Size ( ON	Calories (g)	Calgries fr.	Total Fat (	Saturated F.	Trans Fat (2)	Cholestern .	Sodium (m.c.)	Carbs (a)	Fiber (g)	Sugars (n)	Protein (g)
24 fl oz Fountain Drink												
Coke	680	270	0	0	0	0	0	25	74	0	74	0
Coke Zero	680	0	0	0	0	0	0	85	0	0	0	0
Sprite	680	270	0	0	0	0	0	60	69	0	61	0
Dr. Pepper	680	300	0	0	0	0	0	100	80	0	80	0
Mr. Pibb Xtra	680	270	0	0	0	0	0	35	59	0	59	0
Sweet Tea	680	270	0	0	0	0	0	35	63	0	63	0
Fanta Orange	680	320	0	0	0	0	0	25	87	0	87	0
Minute Maid Lemonade	680	270	0	0	0	0	0	200	74	0	72	0